

PURPOSE

This week is designed to teach the basic fundamentals of cheering in an easy to understand step-by step process. We will focus on motion technique, basic stunting, tumbling and how to work as a team to help prepare them to learn and perform a mini routine

LUNCH.

During camp, a 1 hour lunch break from 11:00-12:00 pm will take place each day.

Free Breakfast and Lunch is offered

REGISTRATION

Will take place 8:30 a.m.-9:00 a.m.
Monday of camp week.

DISCIPLINE

Any serious violation of regulations, damage to school property or any other behavior deemed detrimental to the camp, will result in dismissal from camp. There will be no refund of tuition should a camper be dismissed.

INSURANCE

Campers must supply their own medical insurance to participate in camp.

EQUIPMENT

Campers should bring sneakers, shorts, socks and t-shirt

STAFF

The camp will be directed by:

Nokomis Varsity Coach
Tiani Chanel Smith
Nokomis JV Coach
Ashley Malmquist

Also assisting will be members of the Nokomis Varsity Cheerleaders

CAMP INFORMATION

- Registration Fee: \$100.00
- Grades: Entering 2nd thru 12th
- Free 'Warriors' camp T-Shirt
- Individual Instruction Daily
- Team Concepts, Special Awards
- A great opportunity to improve skill
- Free breakfast and lunch will be offered at the request of each camper

AWARDS/PERFORMANCE

Some awards will be presented on Friday at 11:45am after morning instruction for individual excellence.



"WARRIOR" CHEERING CAMP REGISTRATION FORM

Name _____

Grade Entering (Fall'17) _____

Allergies, Medications or Prior Conditions:

Parent/Guardian Names:

Address: _____

Home Phone # _____

Cell Phone # _____

Email: _____

Emergency Contact: _____

Phone # _____

Free Breakfast and Lunch is offered

Breakfast/Lunch Request- YES NO

T-Shirt Size: _____

(Youth Sizes- Small, Med, Lg, XLg)

(Adult Sizes- Small, Med, Lg, XLg)



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PARTICIPATION WAIVER

The person enrolling at the Nokomis Warrior Cheering Camp his/her parents, or legal guardian assumes ALL risk of loss of property or injury to the person, including injuries resulting in death caused by or incidental to dangers associated with cheering activities and agrees to hold Warrior Cheering Camp, its owners and employees harmless, and specifically agree NOT to make any claim against the Warrior Cheering Camp for any of these injuries which would normally be considered to be normal risk associated with participation in basketball activities.

Athlete
Signature: _____

Parent
Signature: _____

“WARRIOR”

CHEERING CAMP



JULY 17th-21st

2017

Entering Grades 2-12

9:00am – 2:00pm

Nokomis Gymnasium

266 Williams Rd.

Newport ME 04953